

Photoshop Tutorial - 'Heart attack'

We start with 3 photos: [woods.jpg](#)
[gates.jpg](#)
[model.jpg](#)

rose petal brushes from :
<https://www.deviantart.com/redheadstock/art/Rose-Petal-Photoshop-and-GIMP-Brushes-51026649>

Start

Open a new document.
Open the photo 'woods.jpg' and import it into the main document.
Resize and reposition to suit.
Filter>Blur>Gaussian Blur - about 20 should do.
Open the photo 'gates.png' and import it into the main document.
Resize and reposition to suit.
Click the 'Create new fill or adjustment layer' icon at the bottom of the 'layers window' and select 'hue/saturation'.
Attach this to the layer by 'Alt+clicking' between them.
Adjust Saturation' to about -70 and 'lightness' to about -50.
Select the 'gate' layer and Filter>Blur>Gaussian Blur - about 10 should be ok.

Model

Open the photo 'model.jpg'.
Select the model using the 'quick selection tool' select the model.
Click 'select and mask' button on the top menu bar.
Select the 'refine edge brush tool' (second brush on the left) and run it round the model's hair.
Feather by 1 pixel.
Shift Edge to -15%.
Click 'Decontaminate Colours'.
Click OK.
Import this layer into the main document.
Resize and reposition to suit.
Click the 'Create new fill or adjustment layer' icon at the bottom of the 'layers window' and select 'brightness/contrast'.
Attach this to the layer by 'Alt+clicking' between them.
Adjust 'brightness' to about -60.
Select the 'layer mask' and with a small, black soft brush paint around the model (this will give a lighter edge to the model to show she is backlit).
Click the 'Create new layer' icon at the bottom of the 'layers window'.
Attach this to the layer by 'Alt+clicking' between them.
Edit>Fill - 50% grey then change it's 'blending mode' to 'overlay'.
With a soft black brush at about 10% 'opacity' paint it the darker areas (the front of the model's dress).

Lighting and Rose Petals

Create a new layer under the model layer.
With a very big soft white brush at 100% - click once to create a lighter background around the model.

South Shields Digital Group - Tutorial

Reduce 'opacity' to about 60%.

Create a new layer under the model layer.

Find where you saved the 'rose petal' brush and 'double click' it (this will load it into Photoshop).

Select the 'brush' tool from the left side toolbar.

Pull down the little arrow beside your 'brush icon' (second along the top toolbar).

Select the 'rose petal' brushes by clicking the 'right' arrow, scroll down and select the 'swirl 1' brush.

Change the 'foreground colour' to be red.

Adjust the brush size (using the [] keys) and stamp the petals on the new layer.

Reduce 'opacity' to about 60%.

Finishing

Select the top layer in the 'layers window'.

Click the 'Create new fill or adjustment layer' icon at the bottom of the Layers Window and select 'Levels' - move the 'black' and 'white' pointer in a touch to increase the contrast.

Click the 'Create new fill or adjustment layer' icon at the bottom of the 'Layers Window' and select 'Gradient Map' - select a black to white gradient - change the 'blending mode' to 'soft light' - reduce 'opacity' to suit (round about 25%).



